



healthy kids nurtured by nature

## Welcome

We are pleased to welcome you to **KIDS** and look forward to taking care of you and your family.

We have created four short videos that will assist you with information that will help you prior to us taking care of you and your family.

- Welcome to our Lip and Tongue Tie Care
- Understanding Lip and Tongue Tie
- The benefits of using Laser for Lip and Tongue Tie
- The role of Pre and Post Chiropractic Care

At **KIDS** our focal point is to provide a team approach to treatment and therefore achieve the best possible outcome for you and your child.

If your child is under 18 months of age and you are not currently under the care of a Lactation Consultant regardless of whether or not your child is breast or bottle fed it is required that you attend a consultation with our qualified Lactation Consultant, Midwife and Registered Nurse, **Ruth Carson** prior to having the procedure performed. This enables us to assess your child's function and existing symptoms along with identify whether or not your child requires further treatment. Ruth is also able to demonstrate techniques to improve feeding prior to procedure to ensure the best possible outcome.

**Ruth** will provide her extensive knowledge in the field to assist you where possible with any feeding challenges that you are currently facing. She will be able to demonstrate techniques to improve positioning and latch to encourage correct muscular co-ordination and habit allowing your child to nurse/feed efficiently.





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On arrival at KIDS, [Dr Hany](#), your treating Dentist with more than 8 years of Laser use experience will examine your child and explain the procedure in full prior to commencing treatment. He will be able to answer any questions you may have to ensure you are comfortable with our clinical approach and treatment.

Please bring a support person who can help to support yourself and the baby during your visit.

We strongly encourage you to consult with a [Lactation Consultant](#) or feeding specialist along with a [Chiropractor](#) or Bowen Therapy prior to and after treatment. These Health Professionals are part of your treating team and can provide advice and support to ensure you get the best outcome for yourself and your baby.

In our practice we choose to use the safety and efficiency of [Laser](#) treatment over the traditional snip with scissors or scalpel. The reason being that the Laser offers many more benefits such as instant cauterization, less bleeding, less scarring, less postoperative pain, shorter healing time, less risk of reattachment, and fewer functional complications. After the procedure you will be asked to feed your child immediately. If you are feeding by bottle, please bring along appropriate supplies so you can feed after treatment.

[Dr Hany](#) will also explain important stretches (see video link below) to be performed each day. These stretches are required to prevent and reduce the chance of re-attachment of either tongue or lip and help to gain maximum mobility of the tongue or lip.

Please view our [Stretching Exercises Video](#) to help with recovery.





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The item numbers for the consultation and procedure so that you can check with your health fund are:

- 015 Consultation \$130
- 391 Frenectomy starting from \$420 (per site eg. lip or tongue)

Price varies depending on age

- Lactation Consultation

Initial Consultation for first baby is \$150 for 1 hour appointment which also includes 1/2 hour follow up phone consult if required. Please note Ruth's services are charged through separately and depending on infants age and your Health Fund may be claimed through private health. If your infant is under 6 weeks old, you may also be able to claim your visit through Medicare directly.

Due to high demand and to ensure that we are able to assist people as efficiently as possible, we do require that you pay a booking deposit of \$130 which will cover your consultation fee at the time of booking your appointment. This deposit is non-refundable.

Please click on the links below to access important documents for you to read and complete prior to attending for treatment.

- [New Patient Medical Form](#)
- [Lip & Tongue Tie Information Sheet](#)
- [Expectations After Frenectomy \(Tongue & Lip Tie\)](#)

If you have any further questions you would like answered please don't hesitate to call us on (07) 4942 5111 or email us at [mackay@healthykidsqld.com.au](mailto:mackay@healthykidsqld.com.au) as our Dentists and Team are here to help you at every step. Thank you for choosing KIDS and we look forward to taking care of you.

Dr Hany and The KIDS Team

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